

An Advance Directive allows you to make decisions in advance about mental health treatment.

LOUISIANA DEPARTMENT  
OF HEALTH & HOSPITALS

Public Information Series

# Looking Ahead

*Plan for  
your  
mental health  
treatment  
now*

## A Planning Guide for Advance Directives

### FOR MORE INFORMATION:

Call your Mental Health  
Advocacy Service at  
1-800-428-5432

Call your mental health  
clinic or mental health  
provider.

Print the forms packet from  
a computer. It is available  
on the worldwide web at  
<http://www.dhh.state.la.us/omh>

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OFFICE OF MENTAL HEALTH  
<http://www.dhh.state.la.us/OMH>

## **How can I make an Advance Directive?**

Just complete the Advance Directive form found at the places listed on the back of this brochure.

## **Can I have a trusted friend or family member represent me in addition to the Advance Directive form?**

Yes, you can appoint a representative to make sure your wishes are carried out.

**If you want peace of mind  
that your wishes are carried out -  
Consider an Advance Directive . . .**

